Empowered Value Groupings

Being **Present** and **Nonjudgmental**
while remaining **Centered** and **Grounded**

Feeling **Open** and **Flexible**
with an abundance of **Love** and **Acceptance**

Showing **Curiosity** and **Inquisitiveness**
while offering **Empathy** and **Compassion**

Being **Connected** and **Vulnerable**
with a heart full of **Gratitude** and **Appreciation**

Having **Patience** and **Perseverance**
while embodying **Confidence and Courage**

Displaying **Determination** and **Discipline**
while **Honoring** self and others with **Integrity**

Focusing on **Health** and **Well-being**
while fulfilling your **Purpose** and **Spirituality**

Bringing **Fun** and **Laughter** into your life
while striving for **Success** and **Adventure**

Being **Energized** and **Inspired**
while focusing on **Growth** and **Contribution**

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