



Neurological Freedom

*Neurological Freedom means
you have absorbed and are applying
the Neurological Intelligence (NI)
strategies, tools, and techniques
to recognize, interrupt, and replace
reactive patterns that create
negativity, obstruction, turmoil, and conflict
within yourself and others.*

*Neurological Freedom means
you are dedicating your time, energy, and attention
to transform limiting, disempowered
thoughts, emotions, behaviors, and stories
as you evolve into the next, highest version of yourself.*

*Neurological Freedom means
you are living moment to moment as the
mindful manager of your meaning-machine mind,
empowering the language of your internal dialogue,
and aligning with your most important values and needs.*

*Neurological Freedom means
you have consciously chosen to
explore your unlimited unconscious mind
and are committed to resolving the unresolved.*

*Neurological Freedom means
you own your personal power,
and nothing external - no
individual, substance, or activity,
beyond reason and context -
can hook or hijack your nervous system.*

*Neurological Freedom means
you love and accept all aspects of yourself,
allowing your mind to become quiet,
showing up with an open heart,
and living with a peaceful soul.*

*My hope and wish is for you
to gain the Neurological Intelligence
necessary to become the
Soulful Leader
of your inner world
and to live your life with
Neurological Freedom.*

- Glenn S. Cohen